



US Army Corps
of Engineers

TIOGA-HAMMOND & COWANESQUE HIKING TRAILS

Moccasin Trail –

Distance: 4 miles, one way

Difficulty: Easy and fairly level. This trail follows the north shore of Cowanesque Lake. One of the trailheads is conveniently located in Tompkins Campground.

Railroad Grade Trail –

Distance: 2.6 miles, one way

Difficulty: Easy. This old railroad bed offers excellent biking opportunities as well as hiking. The trail is scenic with wetlands, woodlands, and wildlife viewing.

Archery Trail –

Distance: 1 mile, loop

Difficulty: Easy with slight slope. This trail begins off of the Stephenhouse Trail. Currently there are 16 archery stations suitable for novice or expert archers.

Stephenhouse Trail –

Distance: 1.25 miles, loop

Difficulty: Moderate with slight slope. This trail offers tree interpretation.

C. Lynn Keller Trail –

Distance: 9 miles total

Difficulty: Moderate to Difficult. This trail is very scenic and has an overlook. Biking is prohibited on this trail.

Hike & Bike Trail –

Distance: 3.5 miles, one way

Difficulty: Easy. A nice place to bike, hike, roller blade or take the dog for a walk. Mansfield trailhead is located behind the CVS/Pizza Hut shopping center.

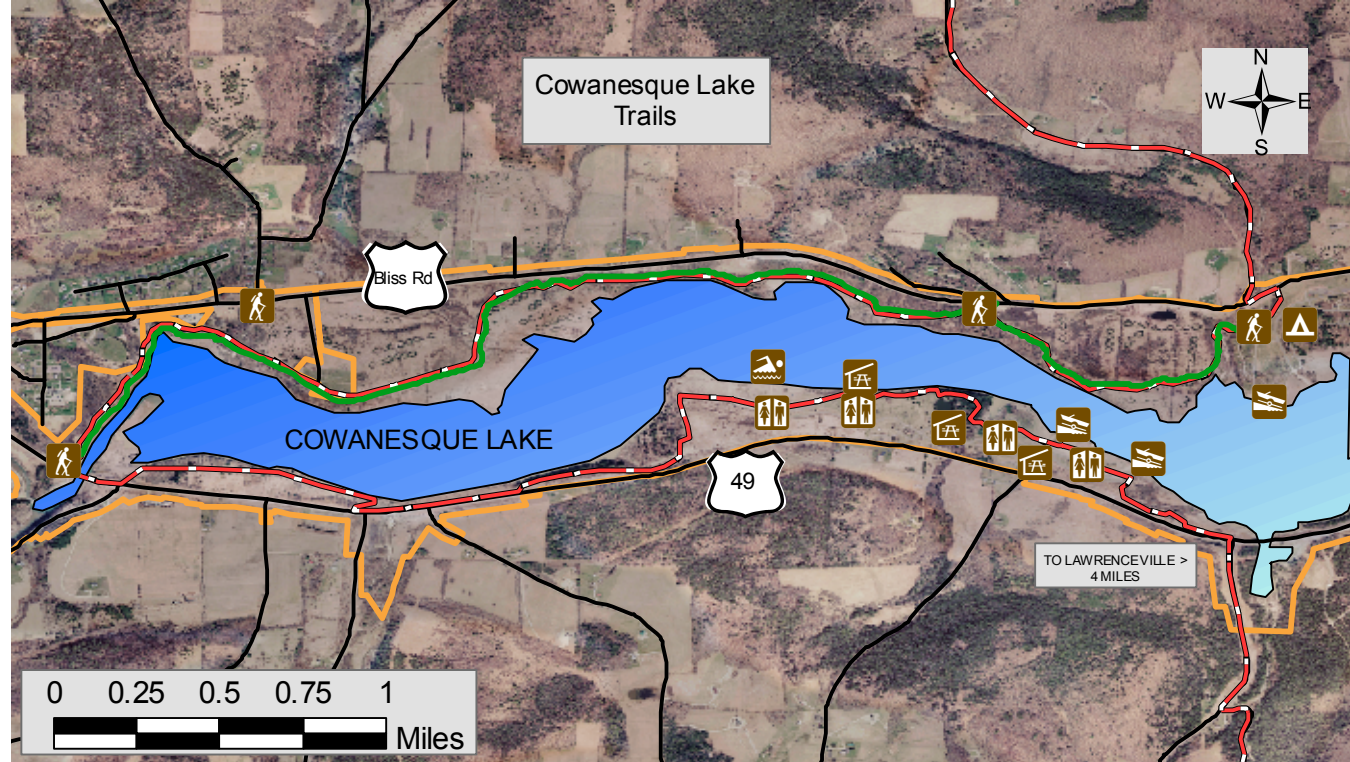
Mid-State Trail –

In addition to the Corps of Engineers' trails, the Mid State Trail has been developed through Pennsylvania from Maryland to New York.

General Information:

For the protection of natural resources and your safety most of these trails are restricted to foot and bike traffic. With the exception of the C. Lynn Keller Trail, all trails allow bikes. Horses are prohibited. Camping is permitted in designated campgrounds. Fires are permitted in authorized fire rings and grills. Leave only footprints and take only pictures. Pack trash out. To insure your safety wear bright colors. Blaze orange is recommended. Hunting is permitted in most of these areas. Though seldom seen, timber rattlesnakes are native to this region. If you encounter one, please do not disturb it.

In an emergency, dial-911.



HIKE AND BIKE TRAIL

MOCCASIN TRAIL

USACE Boundary Line

MID STATE TRAIL

